

#### VictoriaJayne Hair Co. Extension Care Guide

Achieve long-lasting, flawless extensions with proper care and maintenance. Follow these expert tips to keep your VictoriaJayne Hair Co. extensions looking beautiful, healthy, and tangle-free.

#### Cleanse & Condition

To maintain the longevity and beauty of your extensions, always use a sulfate-free shampoo and conditioner. We recommend a double cleanse to remove buildup and ensure a thorough clean.

- Conditioning is key! Apply a moisturizing conditioner from mid-shaft to ends, avoiding the roots and beads to prevent slippage.
- Use a deep conditioning mask once a week to maintain hydration and softness. Let it sit for the recommended time before rinsing.
- Rinse with cool water to close the hair cuticle, lock in moisture, and enhance shine.

## Brushing & Drying

Proper brushing and drying techniques prevent tangling and matting, ensuring your extensions remain silky and smooth.

### Brushing:

- ✓ Use a Wet Brush or boar bristle brush to gently detangle.
- ✓ Start from the ends, working your way up while holding the base of your extensions to reduce tension.
- ✓ Brush at least twice daily to prevent knots and tangles.



### Drying:

- ✓ After washing, gently squeeze out excess water with a towel—avoid rubbing or wringing.
- ✓ Always dry the roots of your extensions and natural hair to prevent moisture buildup.
- ✓ Air drying is acceptable, but the roots must be dried completely.
- ✓ If using a blow dryer, set it to cool or low heat and rough-dry 80% of the way before using a round brush or styling tool.
- ✓ Apply a leave-in conditioner spray to protect against heat and reduce tangling.

## Sleep Routine

Prevent tangling and preserve the integrity of your extensions overnight.

- ✓ Apply a lightweight hydrating oil to the mid-shaft and ends before bed.
- ✓ Brush thoroughly to remove any tangles.
- ✓ Secure hair in a loose braid or low ponytail to minimize friction.
- ✓ Sleep on a silk pillowcase to reduce frizz and extend the lifespan of your extensions.

Swimming & Active Lifestyles

Exposure to saltwater and chlorine can dry out and discolor your extensions. Take these precautions:

✓ Before swimming, wet your hair with fresh water and apply a leave-in



conditioner to minimize chlorine or saltwater absorption.

- ✓ Braid your hair to prevent tangling while swimming.
- ✓ After swimming, rinse hair immediately with fresh water, then wash and condition to restore moisture.
- ✓ Use a mineral sunscreen to avoid chemical discoloration caused by UV protection ingredients like avobenzone.

### Styling & Maintenance

- ✓ Heat styling: Use tools at low to medium temperatures (no higher than 360°F) and always apply a heat protectant. Excessive heat can cause dryness and brittleness.
- ✓ Recommended products: A leave-in conditioner spray after washing will help maintain softness and manageability.
- ✓ Avoid harsh ingredients: Stay away from products containing alcohol, sulfates, or parabens, as they can dry out extensions.
- ✓ Daily oiling: Lightly apply a hydrating oil to the ends to keep extensions nourished and prevent dryness.
- ✓ Regular maintenance: Schedule move-up appointments every 4-6 weeks to maintain your Beaded Veil installation and protect the health of your natural hair.

# HAVE QUESTIONS?

Contact Us: victoriajaynehaircoshop@outlook.com

Wisit Us: <a href="https://www.victoriajaynehairextensionco.com">www.victoriajaynehairextensionco.com</a>

By following these care steps, your VictoriaJayne Hair Co. extensions will stay luxurious, tangle-free, and long-lasting!